

# Millrose Games Meet Records

World Record (WR)

American Record (AR)

High School Record (HSR)

\* = *En Route Record*

## Elite

Men	Performer	Affiliation	Mark	Year
60m	Maurice Green	Nike	6.45	2000
300m	Rai Benjamin	Nike	32.35	2020
400m	Bralon Taplin	Grenada	45.35	2016
500m	Brycen Spratling	USA	1:00.06	2015
600 yards	Mark Everett	USA	1:07.53	1992
600m	Eric Sowinski	USA	1:15.61	2013
800m	Michael Saruni	Adidas	1:43.98	2019
1000 yards	Don Paige	USA	2:04.9	1981
1000m	Pierre Ambroise-Bosse	Nike	2:17.63	2014
1500m*	Yomif Kejelcha	Nike	3:33.17	2019
Mile	Yared Nuguse	On Athletics Club	3:47.38	2023
2000m	Bernard Lagat	Nike	4:54.74	2014
3000m*	Josh Kerr	Brooks Beasts	7:30.14	2024
2 Mile	Josh Kerr	Brooks Beasts	8:00.67	2024
5000m	Bernard Lagat	Nike	13:07.15	2012
60m Hurdles	Allen Johnson	Nike	7.43	2004
4x200m Relay	Garden State TC	USA	1:26.24	2024
4x400m Relay	Atlantic Coast Club	USA	3:11.53	1988
4x800m Relay	Penn State University	USA	7:21.37	2013
Distance Medley Relay	NJ/NY TC	USA	9:42.79	2013
High Jump	Jimmy Howard	USA	2.34m	1986
Pole Vault	Steven Hooker	USA	6.00m	2009
Long Jump	Carl Lewis	USA	8.79m	1984
Shot Put	Ryan Crouser	Nike	22.58m	2023

Weight Throw	Lance Deal	USA	24.82m	1993
Mile Race Walk	Tim Lewis	USA	5:33.53	1988
3000m Race Walk	Nick Christie	USA	11:43.46	2022
<b>Women</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
60m	Julien Alfred	Puma	6.99	2024
300m	Shaunae Miller-Uibo	Adidas	35.45	2018
400m	Sanya Richards-Ross	Nike	50.89	2012
500m	Courtney Okolo	Nike	1:07.34	2017
600 yards	Leshinda Demus	USA	1:20.79	2008
600m	Alysia Montano	USA	1:23.59	2013
800m	Ajee' Wilson	Adidas	1:58.29	2020
1500m*	Konstanze Klosterhalfen	Nike	3:59.87	2020
Mile	Elle St. Pierre	New Balance	4:16.41	2024
3000m	Alicia Monson	On Athletics Club	8:25.05	2023
2 Mile	Laura Muir	Nike	9:04.84	2024
5000m	Betsy Saina	Nike	14:57.18	2016
60m Hurdles	Devynne Charlton	Puma	7.67	2024
4x200m Relay	Montverde Academy	USA	1:34.78	2024
4x400m Relay	Atoms TC	USA	3:40.51	1984
4x800m Relay	Team USA	USA	8:05.89	2018
Distance Medley Relay	NJ/NY TC	USA	11:14.16	2013
High Jump	Yaroslava Mahuchikh	Puma	2.00m	2024
Pole Vault	Sandi Morris	Nike	4.91m	2020
Long Jump	Jackie Joyner-Kersey	USA	7.00m	1992
Shot Put	Chase Ealey	Nike	20.03m	2023
Weight Throw	Gwen Berry	NYAC	24.28m	2016
Mile Race Walk	Rachel Seaman	NYAC	6:17.29	2014
3000m Race Walk	Maria Michta-Coffey	Oiselle/Walk USA	13:24.73	2022
<b>Masters</b>				
<b>Men</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
Age 40+ Mile	Bernard Lagat	Nike	3:54.91	2015

<b>Mixed</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
Age 40+ Mixed 4x400m Relay	Southwest Track Club	USA	3:28.75	2012
Age 50+ Mixed 4x400m Relay	Southwest Sprinters	USA	3:59.09	2013
<b>High School</b>				
<b>Boys</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
55m*	Issam Asinga	Montverde, FL	6.18	2023
60m	Issam Asinga	Montverde, FL	6.63	2023
300m	Caine Stanley	Bradenton, FL	32.85	2024
600m	Quincy Wilson	Potomac, MD	1:17.36	2024
Mile	Riley Smith	Gainesville, FL	4:05.05	2024
4x200m Relay	Archbishop Carroll HS	Washington, DC	1:26.34	2024
4x200m PSAL Relay	Samuel J Tilden HS	New York, NY	1:30.54	2019
4x400m PSAL Relay	Boys and Girls HS	New York, NY	3:18.83	2012
4x400m Suburban Relay	East Orange HS	East Orange, NJ	3:17.78	2017
4x400m Long Island Relay	Huntington HS	Huntington, NY	3:17.36	2016
4x400m Private School Relay	Union Catholic HS	Scotch Plains, NJ	3:20.70	2020
4x800m Relay	St Benedict's Prep	Newark, NJ	7:43.68	2019
Pole Vault	Armand Duplantis	Lafayette, LA	5.75m	2017
Long Jump	Micah Larry	Montverde, FL	7.61m	2023
Triple Jump	Sean Dixon-Bodie	Bloomfield, CT	15.89m	2020
Weight Throw	Adam Kelly	Barrington, RI	25.38m	2015
<b>Girls</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
55m*	Micayah Holland	Montverde, FL	6.74	2023
60m	Micayah Holland	Montverde, FL	7.24	2023
300m	Madison Whyte	Leesburg, VA	37.12	2023
600m	Athing Mu	Trenton, NJ	1:27.36	2019
Mile	Marlee Starliper	Dillsburg, PA	4:37.76	2020
4x200m Relay	Montverde Academy	Montverde, FL	1:34.78	2024
4x200m PSAL Relay	Christopher Columbus	New York, NY	1:42.70	2018
4x400m PSAL Relay	Medgar Evers	New York, NY	3:47.29	2013

4x400m Suburban Relay	Columbia HS	Columbia, NJ	3:46.42	2014
4x400m Long Island Relay	Uniondale HS	Uniondale, NY	3:52.54	2014
4x400m Private School Relay	Union Catholic	Scotch Plains, NJ	3:52.91	2020
4x800m Relay	Padua Academy	Wilmington, DE	8:49.86	2024
Pole Vault	Hana Moll	Olympia, WA	4.45m	2022
Long Jump	Avery Lewis	Wynewood, PA	6.06m	2023
Triple Jump	Sydnee Burr	Cypress, TX	12.40m	2024
Weight Throw	Monique Hardy	Webster, NY	20.40m	2020
<b>Youth</b>				
<b>Boys</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
55m	Barrin Harrison-Brown	Bronx Tigers, NY	7.54	2009
400m	Karon Ali	Camden, NJ	55.54	2020
800m	Aiden Ke	Louis Pasteur, NY	02:15.6	2020
4x200m Relay	Carl Lewis Athletic Stars	Stafford, TX	01:44.8	2019
<b>Girls</b>	<b>Performer</b>	<b>Affiliation</b>	<b>Mark</b>	<b>Year</b>
55m	Ayele Townsend	Brooklyn, NY	7.52	2005
400m	Melanie Doggett	Major Impact TC	57.18	2023
800m	Sherisse Peterson	Delco Stallions, PA	02:20.8	2014
4x200m Relay	Delaware Elite TC	Kirkwood, DE	01:47.3	2019