



# COWGIRL CROSS COUNTRY RECORDS

## TWO MILES

1.	Christine McMiken	10:03.78	1984	O-State Invitational
2.	Mary Davies	10:44	9/4/04	Hurricane Invitational
3.	Veronica Haberl	10:48.56	1984	O-State Invitational
4.	Hanna Smedstad	10:51	9/13/97	Oklahoma State XC Dual
5.	Sinclair Johnson	11:03	9/1/18	Hurricane Invitational
6.	Kate Kujawa	11:05	9/4/10	Hurricane Festival
7.	Adela Hofmannova	11:14	8/31/13	Hurricane Festival
8.	Jori Davis	11:17	9/4/10	Hurricane Festival
T9.	Monika Juodeskaite	11:18	9/3/11	Hurricane Festival
T9.	Gintare Zenkeviciute	11:18	8/30/14	Hurricane Festival
11.	Victoria Hanna	11:19	9/1/12	Hurricane Festival
12.	Janelle Martinez	11:20	9/1/12	Hurricane Festival
T13.	Teran Mixon	11:23	9/3/11	Hurricane Festival
T13.	Victoria Fratzcak	11:23	9/5/09	Hurricane Festival
15.	Grace Baker	11:24	9/1/18	Hurricane Invitational
16.	Kim Blomkvist	11:24.64	9/9/06	North Texas Invitational
T17.	Tone Hjalmsen	11:26	9/2/06	Hurricane Festival
T17.	Cailleigh Glenn	11:26	8/30/14	Hurricane Festival
T19.	Melanie Funke	11:28	9/4/10	Hurricane Festival
T19.	Tamara Dingley	11:28	9/13/97	Oklahoma State XC Dual
T19.	Janine Brown	11:28	2001	Oklahoma State XC Dual
T19.	Charlotte Coffey	11:28	2001	Dual vs. Oklahoma
23.	Jackie Campos	11:29	9/4/10	Hurricane Festival
24.	Emily Helms	11:30	8/30/14	Hurricane Festival
T25.	Janelle Martinez	11:31	8/30/14	Hurricane Festival
T25.	Siri Alfheim	11:31	2001	Hurricane Festival

## 3,000 METERS

1.	Christine McMiken	9:30	1985	All-Comers
2.	Sonia Barry	10:02.15	10/7/88	OU Invitational
3.	Jackie Goodman	10:14.38	10/7/88	OU Invitational
T4.	Veronica Haberl-Martin	10:27	1985	All Comers
T4.	Geraldine Acheson	10:27	1985	Sooner Invitational
6.	Ingeborg Loevnes	10:28.4	9/1/15	Cowboy Preview
7.	Demetra Castille	10:32.13	10/7/88	OU Invitational
8.	Katie Spencer	10:32.2	9/1/15	Cowboy Preview
9.	Michelle Lewis	10:33.97	10/7/88	OU Invitational
T10.	Savannah Camacho	10:34.0	9/1/15	Cowboy Preview
T10.	Lora Davies	10:34	1985	Sooner Invitational
12.	Kaela Edwards	10:34.4	9/1/15	Cowboy Preview
13.	Barbora Kuncova	10:38	9/3/05	Idaho State Invitational
14.	Donna Thibert	10:39	1985	Sooner Invitational
15.	Eva Slavikova	10:40	9/3/05	Idaho State Invitational
16.	Abbie Hetherington	10:42.5	9/1/15	Cowboy Preview
17.	Eva Tomankova	10:43	9/3/05	Idaho State Invitational
18.	Mary Davies	10:46	9/3/05	Idaho State Invitational
19.	Jessica Craven	10:46.03	10/7/88	OU Invitational
20.	Valentina Medina	10:48	9/3/05	Idaho State Invitational

## 5,000 METERS

1.	Christine McMiken	16:06	1985	Arkansas Invitational
2.	Jackie Goodman	16:15.55	11/12/87	NCAA Championship
3.	Sonia Barry	16:19.11	10/21/88	Big 8 Championship
4.	Natalie Baker	16:46.95	10/15/15	Crimson Classic
5.	Hanna Smedstad	16:58	9/18/99	SMU XC Invitational
6.	Kaela Edwards	16:58.30	10/15/15	Crimson Classic
7.	Heather Garrett	17:00.01	1990	Cowboy Jamboree
8.	Ingeborg Loevnes	17:02.11	10/15/15	Crimson Classic
9.	Cailleigh Glenn	17:02.50	9/13/14	Bluegrass Invitational
10.	Anna Bloyert	17:06.82	10/15/15	Crimson Classic
11.	Lora Davies	17:12	1985	Arkansas Invitational
12.	Donna Levy	17:14	10/19/91	Arkansas Invitational
13.	Donna Thibert	17:16	1985	Arkansas Invitational
14.	Monika Juodeskaite	17:16.49	9/27/14	Cowboy Jamboree

15.	Veronica Haberl-Martin	17:17	1985	Arkansas Invitational
16.	Gintare Zenkeviciute	17:17.20	9/13/14	Bluegrass Invitational
17.	Aurora Dybedokken	17:17.36	10/15/15	Crimson Classic
18.	Mihaela Susa	17:18.96	10/16/10	Chile Pepper Festival
19.	Tammy Townsend	17:20	1985	Arkansas Invitational
20.	Felicity Milton	17:20.14	10/16/10	Chile Pepper Festival
21.	Emily Helms	17:20.90	9/13/14	Bluegrass Invitational
22.	Samantha Nightingale	17:22.01	9/14/13	Bluegrass Invitational
23.	Adela Hofmannova	17:23.67	9/14/13	Bluegrass Invitational
24.	Geraldine Acheson	17:24	1985	Arkansas Invitational
25.	Natalja Piliusina	17:26.64	10/1/11	Cowboy Jamboree

## 6,000 METERS

1.	Natalja Piliusina	19:45.9	10/29/11	Big 12 Championships
2.	Sinclair Johnson	19:56.3	10/26/18	Big 12 Championships
3.	Monika Juodeskaite	20:01.0	10/18/14	SC Bronco Invite
4.	Natalie Baker	20:21.2	11/13/15	NCAA Midwest Regional
5.	Siri Alfheim	20:22	10/27/01	Big 12 Championship
6.	Mihaela Susa	20:22.38	11/13/10	NCAA Midwest Regional
7.	Kaela Edwads	20:23.0	11/11/16	NCAA Midwest Regional
8.	Ingeborg Loevnes	20:23.2	11/21/15	NCAA Championships
9.	Felicity Milton	20:26.11	11/13/10	NCAA Midwest Regional
10.	Kate Kujawa	20:27.8	10/29/11	Big 12 Championships
11.	Mary Davies	20:29	11/21/05	NCAA Championships
12.	Kaylyn Larson	20:30.8	11/10/17	NCAA Midwest Regional
13.	Teran Mixon	20:31.5	10/29/11	Big 12 Championships
14.	Michelle Magnani	20:32.7	11/11/16	NCAA Midwest Regional
15.	Aurora Dybedokken	20:36.1	10/14/16	Penn State National Open
16.	Molly Sughroue	20:37.8	11/10/17	NCAA Midwest Regional
17.	Jackie Campos	20:45.9	10/29/11	Big 12 Championships
18.	Victoria Fratzcak	20:46.88	11/13/10	NCAA Midwest Regional
19.	Kaylee Dodd	20:48	11/10/17	NCAA Midwest Regional
20.	Gintare Zenkeviciute	20:49	11/10/17	NCAA Midwest Regional
21.	Taylor Somers	20:49.3	10/26/18	Big 12 Championships
22.	Cheyenne Walden	20:50	11/10/17	NCAA Midwest Regional
23.	Molly Born	20:50.7	9/28/18	Nuttyscombe Invitational
24.	Natanya Luther	20:53.2	10/29/11	Big 12 Championships
25.	Valentina Medina	20:53.5	11/21/05	NCAA Championships

## OSU Cross Country Course Records

### 5,000 meters

1.	Sonia Barry	Oklahoma State	16:19.11	1988	Big 8 Championship
2.	Christine McMiken	Oklahoma State	16:23.45	1985	Cowboy Jamboree
3.	Jackie Goodman	Oklahoma State	16:29.46	10/31/88	Big 8 Championship
4.	Tove Lutdal	Oklahoma	16:53.53	1985	Cowboy Jamboree
5.	Janet Haskin	Kansas	16:55.95	1988	Big 8 Championship
6.	Bonnie Sons	Iowa State	16:59.05	1985	Cowboy Jamboree
7.	Heather Garrett	Oklahoma State	17:00.01	1990	Cowboy Jamboree
8.	Nora Collas	Houston	17:01.04	1985	Cowboy Jamboree
9.	Aliphine Tuliamuk-Bolt	Wichita State	17:01.77	9/29/2012	Cowboy Jamboree
10.	Sammie Resh	Nebraska	17:03.82	10/31/88	Big 8 Championship
11.	Theresa Dunn	Houston	17:04.91	1985	Cowboy Jamboree
12.	Yvonne Van Der Kolk	Nebraska	17:08.48	10/31/88	Big 8 Championship
13.	Lauren Kleppin	Western State	17:09.90	10/1/11	Cowboy Jamboree
14.	Lillian Badaru	Texas Tech	17:10.50	10/5/09	Cowboy Jamboree
15.	Agnes Kemboi	TCU	17:11.62	10/1/11	Cowboy Jamboree
16.	Jacque Struckoff	Kansas State	17:11.64	1985	Cowboy Jamboree
17.	Leigh Daniel	Texas Tech	17:14	10/2/99	Cowboy Jamboree
18.	Gladys Keitany	TCU	17:16	9/30/00	Cowboy Jamboree
19.	Maria Akra	Iowa State	17:16.11	10/31/88	Big 8 Championship
20.	Monika Juodeskaite	Oklahoma State	17:16.49	9/27/14	Cowboy Jamboree
21.	Risper Kimaiyo	UTEP	17:17.79	9/29/2012	Cowboy Jamboree
22.	Sherrie Smith	Unattached	17:19	10/2/99	Cowboy Jamboree
23.	Natalie Nalepu	Baylor	17:19.44	1991	Cowboy Jamboree
24.	Gina McMenamin	Houston	17:19.65	1985	Cowboy Jamboree
25.	Lauren Bonds	Kansas	17:19.90	10/5/09	Cowboy Jamboree



# COWBOY CROSS COUNTRY RECORDS

## 8,000 METERS

1. German Fernandez	23:25.4	Big 12 Championships	2011
2. Colby Lowe	23:25.8	Big 12 Championships	2011
3. Isai Rodriguez	23:26.2	Big 12 Championships	2018
4. Shadrack Kipchirchir	23:34.8	Big 12 Championships	2011
5. Ashenafi Hatte	23:36.3	Nuttycombe Invitational	2018
6. Luis Martinez	23:43.4	Big 12 Championships	2018
7. John Kosgei	23:44.4	Pre-Nationals	2008
8. Girma Mecheso	23:46.17	Cowboy Jamboree	2010
9. Shane Moskowitz	23:46.9	SC Bronco Invite	2014
10. Jon Wild	23:47.20	Chile Pepper Invite	1994

## 10,000 METERS

1. Jon Wild	28:30	Chile Pepper Invite	1995
2. Patrick Kiptum	29:02	Chile Pepper Invite	1995
3. Isai Rodriguez	29:10.5	NCAA Championships	2018
4. Colby Lowe	29:10.97	Chile Pepper Invite	2010
5. Hassan Abdi	29:11.28	NCAA Midwest Regional	2017
6. Kim Critchley	29:12	Chile Pepper Invite	1995
7. Girma Mecheso	29:14.8	NCAA Championships	2012
8. Tom Farrell	29:14.89	Chile Pepper Invite	2010
9. German Fernandez	29:15.28	Chile Pepper Invite	2010
10. Luis Martinez	29:19.31	NCAA Midwest Regional	2017

## OSU Cross Country Course Records

### 8,000 METERS

1. Adam Goucher, Colorado	23:25.00	1997
2. Diego Estrada, Northern Arizona	23:34.34	2011
3. Richard Kosgei, Barton CC	23:39.55	1993
4. John Kosgei, South Plains College	23:42	2007
5. Julius Wanjiru, Butler County CC	23:42.23	1996
6. Jordan Chipangama, Northern Arizona	23:44.70	2009
7. Nicodemus Naimadu, Abilene Christian	23:46	2007
8. Girma Mecheso, Oklahoma State	23:46.17	2010
9. Godfrey Siamusye, Blinn College	23:47.53	1993
10. Colby Lowe, Oklahoma State	23:47.96	2011

### 10,000 METERS

1. Joe Falcon, Arkansas	29:55.70	1985
2. Simeon Sawes, Lubbock Christian	29:58.00	1994
3. Joe Metcalf, Oklahoma State	29:59.35	1985
4. Julius Randlich, Lubbock Christian	30:02.00	1994
5. Paul Larkins, Oklahoma State	30:10.55	1985
6. Reuben Reina, Arkansas	30:11.46	1987
7. Barnaba Korir, Iowa State	30:19.87	1988
8. Darrell Smith, Iowa State	30:21.22	1988
9. Daniel Foley, Maryland	30:21.84	1985
10. Tim Wakeland, Iowa State	30:22.30	1985

## Cowboy Jamboree Records

### 8,000 METERS

1. Diego Estrada, Northern Arizona	23:34.34	2011
2. Richard Kosgei, Barton CC	23:39.55	1993
3. John Kosgei, South Plains College	23:42	2007
4. Julius Wanjiru, Butler County CC	23:42.23	1996
5. Jordan Chipangama, Northern Arizona	23:44.70	2009
6. Nicodemus Naimadu, Abilene Christian	23:46	2007
7. Girma Mecheso, Oklahoma State	23:46.17	2010
8. Godfrey Siamusye, Blinn College	23:47.53	1993
9. Colby Lowe, Oklahoma State	23:47.96	2011
10. Ryan Vail, Oklahoma State	23:49	2007



# COWGIRL INDOOR TRACK & FIELD RECORDS

## 60 METERS

1.	7.25	Aaliyah Birmingham	Big 12 Championships	2019
2.	7.52	LaToya Hinds	Big 12 Championships	2000
3.	7.54	Kira White	Razorback Invitational	2017
4.	7.63	Sherita Jackson	Big 12 Championships	1999
T5.	7.65	Britney Presley	KSU Wildcat Invite	2014
T5.	7.65	Lexie Lewis	Arkansas Twilight	2017
7.	7.69	Natasha Santee	Tyson Invitational	2000
8.	7.81	Megan Harris	KSU Winter Invitational	2016
9.	7.82	Lauren McKee	Sooner Indoor	2007
10.	7.86	Stephanie Ferrante	Holiday Inn Invitational	2015

## 60 METER HURDLES

1.	8.14	Lora Davis		1985
2.	8.76	Emily Hart	Big 12 Indoor Championships	2017
3.	8.83	Tiffani Davis	Frank Sevigne Invitational	1999
4.	8.93	Stephani Duff	Big 12 Championships	1999
5.	8.93	Megan Mann	Texas Tech Shootout	2019
6.	8.98	Bailey Golden	Big 12 Championships	2019
7.	9.03	Makenna Parker	Big 12 Championships	2019
8.	9.04	Clara Telford	JD Martin Invitational	2012
9.	9.06	Kennedy Turner	Arkansas Qualifier	2017
T10.	9.14	Melody Vaughn	Big 12 Championships	1997
T10.	9.14	Evin Shirley	Big 12 Championships	2003

## 200 METERS

1.	23.25	Sherita Jackson		1999
2.	23.94	TracyAnn Baker	Big 12 Championships	1997
3.	24.20	Aaliyah Birmingham	Razorback Invitational	2019
T4.	24.50	Rosa Baker	Oklahoma Track Classic	1990
T4.	24.50	Stacy Clack	Big 8 Championships	1990
6.	24.70	Natasha Santee	Big 12 Championships	2000
7.	24.79	Megan Harris	Big 12 Championships	2018
8.	24.80	Alison Erzinger	Washington Invitational	2005
9.	24.93	Krystal Beamon	Big 12 Championships	1997
10.	25.02	Kira White	Razorback Invitational	2017

## 400 METERS

1.	53.38	Leisa Davis-Knowles	Big 8 Championships	1986
2.	54.85	Alison Erzinger	Washington Invitational	2005
3.	54.97	Nicolette Dixon	Big 12 Championships	2019
4.	56.08	Clara Nichols	Razorback Invitational	2013
5.	56.23	Amira Coleman	Arkansas Qualifier	2017
6.	56.24	Nicki Brackeen	Big 8 Championships	1990
7.	56.28	Latriceia Smith	Texas Tech Shootout	2019
8.	56.36	Kaylee Dodd	Arkansas Qualifier	2019
9.	56.29	Ambra Wesley	Arkansas Qualifier	2017
10.	56.67	Laura Ford Big	8 Championships	1986

## 600 YARDS

1.	1:20.41	Leisa Davis-Knowles	Big 8 Championships	1985
2.	1:21.15	Amira Coleman	Big 12 Indoor Championships	2017
3.	1:21.78	Clara Nichols	Big 12 Championships	2013
4.	1:22.00	Ambra Wesley	Big 12 Indoor Championships	2017
5.	1:22.61	Latriceia Smith	Big 12 Championships	2019
6.	1:22.87	Kaylee Dodd	Texas Tech Corky Classic	2018
7.	1:23.68	Alison Erzinger		2004
8.	1:24.05	Adrene Thompson	Big 12 Championships	1997
9.	1:24.54	Kaela Edwards	KSU All-Comers	2013
10.	1:24.85	Angela McGeown	Oklahoma Track Classic	1984

## 800 METERS

1.	2:03.46	Natalja Piliusina	Alex Wilson Invitational	2012
2.	2:03.48	Savannah Camacho	Alex Wilson Invitational	2016
3.	2:03.59	Kaela Edwards	NCAA Championships	2015
4.	2:04.52	Kaylee Dodd	Iowa State Classic	2018
5.	2:05.25	Clara Nichols	Big 12 Championships	2016
6.	2:06.68	Adreane Thompson		1999
7.	2:07.56	Justine Craig	Big 8 Championships	1986
8.	2:07.72	Abbie Hetherington	Husky Classic	2017
9.	2:07.79	Chelsea Jarvis	Razorback Invitational	2017
10.	2:07.85	Ariane Ballner	Razorback Invitational	2018

## 1,000 METERS

1.	2:40.79	Kaela Edwards	Holiday Inn Invitational	2017
2.	2:43.37	Sinclair Johnson	Arkansas Invitational	2019
3.	2:43.98	Molly Sughroue	Arkansas Invitational	2019
4.	2:46.18	Abbie Hetherington	Big 12 Indoor Championships	2017
5.	2:46.55	Natalja Piliusina	Arkansas-OSU Dual	2013
6.	2:46.78	Ariane Ballner	Big 12 Championships	2018
7.	2:47.13	Chelsea Jarvis	Big 12 Indoor Championships	2017
8.	2:47.30	Veronica Haberl	NCAA Championships	1986
9.	2:47.83	Adela Hofmannova	Big 12 Championships	2013
10.	2:48.17	Jenny Celis	Big 12 Championships	2018

## MILE

1.	4:28.75	Kaela Edwards	Millrose Games	2017
2.	4:32.26	Natalja Piliusina	Husky Classic	2013
3.	4:35.62	Sinclair Johnson	UW Invitational	2019
4.	4:36.38	Mihaela Susa	Alex Wilson Last Chance	2010
5.	4:37.50	Christine McMiken	Daily Oklahoman Classic	1985
6.	4:37.74	Molly Sughroue	Husky Classic	2018
7.	4:40.69	Jennifer Celis	Husky Classic	2015
8.	4:42.24	Valentina Medina	Big 12 Championships	2002
9.	4:44.40	Anna Boyert	Husky Classic	2015
10.	4:45.09	Caileigh Glenn	Husky Classic	2015

## 3,000 METERS

1.	8:58.68	Christine McMiken	NCAA Championships	1985
2.	9:06.27	Kaela Edwards	Husky Classic	2016
3.	9:10.53	Sinclair Johnson	Husky Classic	2019
4.	9:10.83	Monika Juodeskaite	Husky Classic	2013
5.	9:13.47	Veronica Haberl	NCAA Championships	1987
6.	9:16.51	Mihaela Susa	Husky Classic	2011
7.	9:17.44	Jackie Goodman	Big 8 Championships	1988
8.	9:18.11	Ingeborg Loevnes	Husky Classic	2016
9.	9:18.36	Molly Sughroue	BU Season Opener	2018
10.	9:19.71	Auora Dybedokken	Husky Classic	2016

## 5,000 METERS

1.	15:52.75	Jackie Goodman	NCAA Championships	1989
2.	15:58.34	Felicity Milton	Husky Classic	2010
3.	16:12.28	Siri Alfheim	NCAA Championships	2002
4.	16:19.79	Monika Juodeskaite	Alex Wilson Invitational	2013
5.	16:20.43	Ingeborg Loevnes	Big 12 Championships	2016
6.	16:22.94	Aurora Dybedokken	Big 12 Indoor Championships	2017
7.	16:23.76	Mary Davies	Washington Invitational	2005
8.	16:24.01	Barbora Kuncova	Arkansas Invitational	2005
9.	16:33.99	Kristine Helle	Big 12 Championships	2014
10.	16:35.49	Sara Wells	Big 12 Championships	2001

## 4X400 METER RELAY

1.	3:41.30	Beamon, T. Baker Thompson, Jackson Dixon, Birmingham, L. Smith, A. Coleman	Big 12 Championships	1997
2.	3:42.22	Coleman, Camacho Fields, Edwards	Texas Tech Shootout	2019
3.	3:42.77	Coleman, Birmingham, Dixon, L. Smith	Big 12 Championships	2016
4.	3:42.80	Dixon, A. Coleman Ferrante, Wesley	Big 12 Championships	2018
T5.	3:43.22	Dixon, A. Coleman D. Coleman, Horan	Arkansas Qualifier	2018
7.	3:43.24	S. Ferrante, A. Coleman, D. Coleman, A. Wesley	Tyson Invitational	2017
8.	3:43.49	Ferrante, A. Coleman, Camacho, Wesley	Arkansas Qualifier	2017
9.	3:43.59	L. Smith, Dixon, A. Coleman, Ferrante	Razorback Invitational	2018
10.	3:43.72	D. Coleman, Camacho, A. Coleman, Wesley	Big 12 Championships	2017



# COWGIRL INDOOR TRACK & FIELD RECORDS

## DISTANCE MEDLEY RELAY

1.	10:55.01	M. Sughroue, N. Dixon, NCAA Championships 2019 K. Dodd, Si. Johnson
2.	11:01.15	M. Sughroue, C. Nichols Razorback Invitational 2016 S. Camacho, K. Edwards
3.	11:01.55	Ballner, Wesley Alex Wilson Invitational 2018 Dodd, Sughroue
4.	11:04.59	Piliusina, Bobos, NCAA Championships 2011 Andrews, Susa
5.	11:04.65	Dodd, Wesley, NCAA Championships 2018 Hetherington, Ballner
6.	11:08.05	C. Jarvis, S. Ferrante, Razorback Invitational 2017 S. Camacho, K. Edwards
7.	11:08.13	Celis, Ferrante, Alex Wilson Invitational 2015 Nichols, Edwards
8.	11:09.67	Piliusina, Bobos, Big 12 Championships 2011 Glenn, Susa
9.	11:12.89	Dybedokken, Ferrante Razorback Invite 2015 Nichols, Edwards
10.	11:16.18	Ballner, Wesley Big 12 Championships 2018 Dodd, Sughroue

## POLE VAULT

1.	3.85m/12-7.5	Elliott Kulkin	Arkansas Qualifier	2018
2.	3.69m/12-1.25	Alexandria Stern	Big 12 Championships	2018
3.	3.45m/11-3.75	Elissa White	Arkansas Qualifier	2018
4.	3.35m/10-11.75	Meghan McGrath	KSU Winter Invitational	2017
5.	2.78m/9-1.5	Makenzi Cloyd	Holiday Inn Invitational	2015

## HIGH JUMP

1.	1.78m/5-10	Tammy Lienhard	AIWA Championships	1979
T2.	1.75m/5-8.75	Emily Rogers	Big 12 Championships	2018
T2.	1.75m/5-8.75	Bailey Golden	Razorback Invitational	2019
4.	1.70m/5-7	Fenja Krohn	Don Kirby Invitational	2017
5.	1.69m/5-6.5	Denise Frank	Big 8 Championships	1989
T6.	1.66m/5-5.25	Janet Harris	Big 8 Championships	1986
T6.	1.66m/5-5.25	Misty McMillian	Iowa State Classic	1995
T8.	1.65m/5-5	Megan Toole		1998
T8.	1.65m/5-5	Haley Mouser	Holiday Inn Invitational	2017
T10.	1.63m/5-4.25	Baiba Blumbaha	Oklahoma Invitational	2006
T10.	1.63m/5-4.25	Julia Schmalz	KSU Open	2014

## LONG JUMP

1.	6.00m/19-8.25	Melinda Jackson	Tyson Invitational	2000
2.	5.97m/19-7	Schuyler Wood-Hilderbrandt	Don Kirby Invitational	2018
3.	5.95m/19-6.25	Melody Vaughn		1998
4.	5.94m/19-5.75	Baiba Blumbaha	Missouri Southern Open	2008
5.	5.90m/19-4.25	Clarissa Andrews	Razorback Invitational	2011
6.	5.86m/19-2.75	Zivile Siksnylyte	Sooner Indoor Meet	2007
7.	5.83m/19-1.5	Maira Steyn	Iowa State Classic	2006
8.	5.82m/19-1.25	Ryan Roane	Big 12 Championships	2019
9.	5.79m/19-0	Tihana Sarac	Missouri Southern Open	2008
10.	5.75m/18-10.5	Taylor Stolt	Big 12 Championships	2013

## TRIPLE JUMP

1.	13.01m/42-8.25	Paula Ogunbanjo	Tyson Invitational	2004
2.	12.86m/42-2.25	Viktorii Sadokhina	Razorback Invitational	2014
3.	12.69m/41-7.5	Baiba Blumbaha	Big 12 Championships	2009
4.	12.64m/41-5.5	Clarissa Andrews	Razorback Invitational	2011
5.	12.62m/41-5	Ryan Roane	Big 12 Championships	2019
6.	12.57m/41-3	Melinda Jackson		1999
T7.	12.46m/40-10.5	Adrienne Crenshaw	Big 12 Championships	2003
T7.	12.46m/40-10.5	Zivile Siksnylyte	Big 12 Championships	2007
9.	12.26m/40-2.75	Laverne Clark	Arkansas Indoor Meet	1988
10.	12.20m/40-0.25	Maria Berggren	Big 12 Championships	2002

## SHOT PUT

1.	17.63m/57-10.25	Chase Ealey	Tyson Invitational	2016
2.	16.16m/53-0.25	Halee Prickett	KSU All-Comers Meet	2003
3.	15.53m/50-11.5	Andrea Holloway	Big 12 Championships	1999
4.	15.26m/50-0.75	LaKendra Greathouse	KSU Invitational	2008
5.	15.24m/50-0	Ieva Zarankaite	Big 12 Indoor Championships	2017
6.	15.05m/49-4.5	Merritt Dietz	Big 12 Championships	2009
7.	14.45m/47-5	Katie Kehl	Big 12 Indoor Championships	2017
8.	14.36m/47-1.25	Joanne Rothery	Big 8 Championships	1985
9.	14.19m/46-6.75	Brooke Gritters	KSU All-Comers	2013
10.	13.96m/45-9.5	Alina Roman	KSU All-Comers Meet	2007

## WEIGHT THROW

1.	20.93m/68-8	Delissa McClain	Big 12 Championships	2005
2.	19.39m/63-7.5	Chase Ealey	Big 12 Championships	2016
3.	18.65m/61-2.25	Caitlin Way	Sooner Invitational	2013
4.	18.51m/60-8.75	Deleanor Kirkpatrick	Sooner Open	2008
5.	17.51m/57-5.5	Nancy Guillen	Oklahoma Invitational	1999
6.	17.49m/57-4.75	Jocelen Ruth	Big 12 Indoor Championships	2017
7.	16.47m/54-0-5	Julie Rader	KSU All-Comers Meet	2008
8.	16.18m/53-1.0	Courtney Gougler	KSU All-Comers Meet	2008
9.	16.13m/52-11	Ieva Zarankaite	Big 12 Indoor Championships	2017
T10.	15.98m/52-2.5	Baylor Nelson	Texas Tech Shootout	2019
T10.	15.98m/52-2.5	Hannah Bradford	Texas Tech Shootout	2019

## PENTATHLON

1.	3,581	Bailey Golden	Razorback Invitational	2019
2.	3,498	Melody Vaughn	Big 12 Championships	1998
3.	3,476	Tihana Sarac	Big 12 Championships	2008
4.	3,341	Megan Mann	Texas Tech Shootout	2019
5.	3,233	Jordan Highsmith	Razorback Invitational	2013
6.	3,086	Bailey Johnson	Razorback Invitational	2012
7.	3,024	Michelle Johnson	Big 8 Championships	1993
8.	3,022	Devre Newby	Razorback Invitational	2017
9.	2,918	Clara Telford	Big 12 Championships	2012
10.	2,873	Makenna Parker	Razorback Invitational	2019



# COWBOY INDOOR TRACK & FIELD RECORDS

## 60 METERS

1.	John Teeters	6.52	Tyson Invitational	2015
2.	Tyreek Hill	6.64	Big 12 Championships	2014
T3.	Daniel McLemore	6.70	Jayhawk Invite	2004
T3.	Malik Givens	6.70	Holiday Inn Invitational	2016
5.	Kurtis Cotton	6.82	Texas Tech Shootout	2019
6.	Sharod Selph	6.85	KSU Invitational	2015
7.	Arlando Brewer-Johnson	6.87	Big 12 Championships	2015
8.	Logan Daily	6.89	Tyson Invitational	2017
9.	Wyatt Duvall	6.91	Big 12 Championships	2019
10.	Vernon Grant	6.92	Big 12 Championships	2004

## 200 METERS

1.	Tyreek Hill	20.57	NCAA Indoor Championships	2014
2.	John Teeters	20.86	Big 12 Championships	2015
3.	Harold Green	21.39	Big 8 Championships	1989
T4.	Greg Harjo	21.80	Iowa State Classic	1995
T4.	Malik Givens	21.80	Tyson Invitational	2017
6.	Tyler Jackson	21.83	Big 12 Championships	2017
7.	Kwame Donyinah	21.84	Texas Tech Corky Classic	2018
8.	Vadesta Jones	21.86	Big 8 Championships	1990
9.	William Shirley	21.88	Oklahoma All-Comers	1990
10.	Timmy Thomas	21.89	Big 8 Championships	1990

## 400 METERS

1.	Ashton Hicks	45.60	Big 12 Championships	2019
2.	Timmy Thomas	46.94	Iowa State Meet	1991
3.	Harold Green	47.03	Big 8 Championships	1989
4.	LaKyrone Mays	47.33	Big 12 Championships	2019
5.	Chris McGowan	47.64	Oklahoman Classic	1989
6.	Shannon Atkinson	47.67	Big 8 Championships	1993
7.	Tyler Jackson	48.08	Razorback Invitational	2017
8.	Brandon Singleton	48.14	Tyson Invitational	2017
9.	Kwame Donyinah	48.46	Big 12 Championships	2018
10.	Terry Jossierand	48.58	Arkansas Invitational	2007

## 600 YARDS

1.	James Kurrasch	1:08.30	West Texas State	1972
2.	Steve Patterson	1:09.40	Big 8 Championships	1984
3.	Chris McGowan	1:09.53	Big 8 Championships	1989
4.	Greg Patton	1:09.70	Big 8 Championships	1982
5.	Brandon Singleton	1:09.97	Big 12 Championships	2017
6.	David Perry	1:10.40	New Mexico Dual	1965
7.	Tyler Patton	1:10.61	Big 12 Championships	2014
8.	Bradley Johnson	1:10.81	KSU Winter Invitational	2015
9.	Terry Jossierand	1:10.93	Big 12 Championships	2007
T10.	Justin Long	1:11.22	Big 12 Championships	2019
T10.	Ryan Wheatley	1:11.22	Big 12 Championships	2016

## 800 METERS

1.	Chris Stoves	1:48.30	Iowa State Last Chance	2004
2.	Tre Tez Kinnaird	1:48.51	Big 12 Championships	2016
3.	Tom Von Ruden	1:48.54	NCAA Championships	1966
4.	John Perry	1:49.14	Big 8 Championships	1965
5.	Raul Botezan	1:49.22	Alex Wilson Invite	2010
6.	David Perry	1:49.24	Big 8 Championships	1965
7.	Steve Gerkin	1:49.54	OKC Indoor Jaycee	1970
8.	Bradley Johnson	1:50.50	Alex Wilson Invitational	2016
9.	Matthew Fayers	1:50.93	Razorback Invitational	2018
10.	Justin Nobles	1:50.99	UW Last Chance	2003

## 1,000 METERS

1.	Joshua Thompson	2:22.07	Big 12 Championships	2017
2.	Chad Noelle	2:22.55	Big 12 Championships	2014
3.	Chris Stoves	2:22.88	Big 12 Championships	1985
4.	Raul Botezan	2:23.00	Big 12 Championships	2013
5.	Paul Larkins	2:23.04	NCAA Championships	1985
6.	Justin Vilhauer	2:23.70	Big 12 Championships	2014
7.	Matthew Fayers	2:23.85	Big 12 Championships	2017
8.	Shane Moskowitz	2:24.48	KSU Wildcat Invite	2014
9.	Daniel Voegeli	2:24.71	Big 12 Championships	2000
10.	Jon Wild	2:24.71	KSU Invitational	1996

## MILE

1.	German Fernandez	3:55.02	Big 12 Championships	2009
2.	Joshua Thompson	3:56.89	Husky Classic	2017
3.	Chad Noelle	3:57.78	Iowa State Classic	2015
4.	Raul Botezan	3:57.79	Husky Classic	2013
5.	Tom Farrell	3:58.20	Razorback Invite	2013
6.	Kirubel Erassa	3:58.24	Razorback Invite	2013
7.	Matthew Fayers	3:58.44	Husky Classic	2018
8.	Vegard Oelstad	3:58.79	Iowa State Classic	2015
9.	Fabian Clarkson	3:59.47	Razorback Invite	2013
10.	Shane Moskowitz	3:59.48	Razorback Invite	2013

## 3,000 METERS

1.	German Fernandez	7:47.97	Husky Classic	2009
2.	Kirubel Erassa	7:49.17	NCAA Championships	2013
3.	Fabian Clarkson	7:50.49	Husky Classic	2015
4.	Tom Farrell	7:51.77	Husky Classic	2013
5.	Ryan Vail	7:52.17	Arkansas Last Chance	2009
6.	John Wild	7:53.10	NCAA Championships	1995
7.	Vegard Oelstad	7:54.14	Husky Classic	2016
8.	Isai Rodriguez	7:54.33	Husky Classic	2019
9.	John Kosgei	7:55.95	Husky Classic	2009
10.	Chad Noelle	7:56.06	Husky Classic	2016

## 5,000 METERS

1.	Shadrack Kipchirchir	13:38.57	Husky Classic	2013
2.	Girma Mecheso	13:40.28	NCAA Championships	2013
3.	Hassan Abdi	13:41.91	Husky Classic	2018
4.	Colby Lowe	13:45.01	Husky Invite	2010
5.	Patrick Kiptum	13:52.10	NCAA Championships	1996
6.	Jason Woolhouse	13:53.01	Arkansas, Tyson Invite	2003
7.	Jon Wild	13:53.33	Arkansas Invitational	1997
8.	Christopher Kebenei	14:03.75	Cannon IV, Indianapolis	1997
9.	Luis Martinez	14:04.42	Big 12 Championships	2018
10.	Cerake Geberkidane	14:08.55	Big 12 Championships	2016

## 60-METER HURDLES

1.	Jacob Fincham-Dukes	8.32	Arkansas Invitational	2019
2.	Donovan Nunley	8.37	DeLoss Dodds Invitational	2017
3.	Justin McBride	8.55	Razorback Invitational	2015
4.	Mace Metcalf	8.57	Texas Tech Corky Classic	2018
5.	Harrison Hurlley	8.83	Razorback Invitational	2018
6.	Cole Verble	9.00	Big 12 Championships	2017
7.	Calahan Newsome	9.19	Sooner Challenge	2019
8.	Jake Dyer	9.26	Big 12 Championships	2019
9.	William Edmonds	9.56	Big 12 Championships	2019

## 4X400-METER RELAY

1.	J. Bolding, C. Martin, D. Schultz, S. Stolpe	3:07.80	Astrodome Relays	1971
2.	S. Starks, C. Thomas, S. Patterson, D. Ross	3:10.85	Air Force Invitational	1984
3.	J. Bolding, G. Pell, J. Kurrasch, D. Schultz	3:11.00	USTFF Championship	1972
4.	G. Patton, C. Thomas, S. Starks, J. Butler	3:11.63	NCAA Championships	1982
5.	"A" Team	3:11.80	Big 8 Championships	1985
6.	A. Grogan, B. Singleton, T. Green, T. Jackson	3:11.87	Tyson Invitational	2017
7.	T. Jackson, B. Singleton, B. Johnson, T. Kinnaird	3:12.08	Big 12 Championships	2015
8.	C. Stiley, G. Shumski, J. Kurrasch, D. Schultz	3:12.10	Astrodome Relays	1973
9.	D. Ross, K. Hohmann, S. Patterson, S. Starks	3:12.60	Arkansas Relays	1984
10.	K. Donyinah, B. Singleton, T. Green, T. Jackson	3:12.68	Arkansas Qualifier	2018



# COWBOY INDOOR TRACK & FIELD RECORDS

## DISTANCE MEDLEY RELAY

1.	C. Noelle, B. Singleton T. Kinnaird, J. Thompson	9:26.60	Alex Wilson Invitational	2016
2.	K. Erassa, T. Payton, R. Botezan, T. Farrell	9:28.38	Alex Wilson Invitational	2013
3.	C. Nowak, B. Singleton, B. Johnson, J. Thompson	9:28.83	Alex Wilson Invitational	2017
4.	S. Moskowitz, T. Payton C. Noelle, K. Erassa	9:29.91	Alex Wilson Invitational	2014
5.	F. Clarkson, B. Singleton M. Fayers, C. Noelle	9:30.65	Razorback Invitational	2015
T6.	M. Fayers, B. Singleton, T. Kinnaird, J. Thompson	9:33.93	Razorback Invitational	2017
T6.	I. Priddy, A. Hicks, J.D. Castro, I. Rodriguez	9:33.93	Alex Wilson Invitational	2019
8.	C. Nowak, B. Singleton B. Johnson, H. Abdi	9:35.02	NCAA Championships	2017
9.	M. Fayers, B. Singleton B. Johnson, C. Noelle	9:35.35	Razorback Invitational	2016
10.	A. Hennessy, C. Katchuck, C. Sloan, B. Young	9:36.67	Iowa State Last Chance	1999

## HIGH JUMP

T1.	Curtis Mayfield	2.17m/7-1.5	Big 8 Championships	1987
T1.	Greg Brewer	2.17m/7-1.5	Sooner Relays	1983
3.	Oliver McDade	2.12m/6-11.5	Big 8 Championships	1989
4.	Jeff Brown	2.10m/6-10.75	Big 8 Championships	1981
5.	Rich Geske	2.09m/6-10.25	West Texas Indoor	1975
6.	Taylor Buck	2.08m/6-9.75	Sooner Invitational	2013
7.	George Holland	2.06m/6-9	Big 8 Championships	1972
T8.	Leslie Arnold	2.03m/6-8	Sooner Relays	1983
T8.	Russell Laverty	2.03m/6-8	Texas Tech Invite	1965
10.	Lance Davis	2.02m/6-7.5	Big 8 Championships	1989

## LONG JUMP

1.	Jacob Fincham-Dukes	7.99m/26-2.75	Big 12 Championships	2019
2.	Earl Harris	7.59m/24-10.75	Kansas Dual	1969
3.	Charles Strong	7.47m/24-6	Big 8 Championships	1963
4.	Alex Dzitrie	7.39m/24-3	KSU Invite	1996
5.	Jerel Morrow	7.36m/24-1.75	Tyson Invitational	2014
6.	Arlando Brewer-Johnson	7.30m/23-11.50	Big 12 Championships	2016
7.	Simon Imagbe	7.29m/23-11	Arkansas Qualifier	2018
8.	Tre Flowers	7.21m/23-8.0	Razorback Invitational	2014
9.	Joshua Anadu	7.11m/23-4	Don Kirby Invitational	2018
10.	W.L. Clapham	7.07m/23-2.25	Intrasquad Indoors	1941

## TRIPLE JUMP

1.	Mark Hanna	15.34m/50-4	Kansas Relays	1987
2.	Reginald Asare	14.95m/49-0.5	Sooner Invitational	1977
3.	E.B. Schaffer	14.69m/48-2.5	Big 8 Championships	1978
4.	Joshua Anadu	14.42m/47-3.75	Big 12 Championships	2018
5.	Bart Breithaupt	14.26m/46-9.5	Big 8 Championships	1990
6.	Richard Smith	14.25m/46-9	KSU Winter Invitational	2014
7.	Ryan Finnie	14.19m/46-6.75	Husky Classic	2014
8.	Alex Dzitrie	13.96m/45-9.75	KSU Wildcat Invite	1997

## WEIGHT THROW

1.	Nick Miller	23.07m/75-8.25	NCAA Indoor Championships	2014
2.	Zachary Andrew	15.87m/52-1	DeLoss Dodds Invitational	2018
3.	Itamar Levi	15.73m/51-7.25	KSU Winter Invitational	2014
4.	Charles Kammiller	15.48m/50-9.5	KSU Winter Invitational	2014
5.	Torrey Hickel	15.13m/49-7.75	KSU Winter Invitational	2017

## POLE VAULT

1.	Joe Dial	5.68m/18-7.25	Potts Invitational	1985
2.	Eric Forney	5.33m/17-6	Oklahoma Classic	1983
3.	Blake Scott	5.23m/17-1.75	Big 12 Championships	2019
4.	Larry Curts	5.03m/16-6	OKC Jaycee Indoor	1969
5.	Mace Metcalf	4.83m/15-10	Big 12 Championships	2019
6.	Mickey Baller	4.72m/15-6	Milwaukee Indoor	1964
T7.	Preston Holsinger	4.67m/15-4	Big 8 Championships	1964
T7.	George Davies	4.67m/15-4	Big 8 Championships	1961
9.	Cole Verble	4.65m/15-3	Big 12 Championships	2017
10.	Harrison Hurley	4.50m/14-9	Razorback Invitational	2018

## SHOT PUT

1.	Randall Naas	18.92m/62-1	Big 8 Championships	1982
2.	Mike Marks	18.77m/61-7	Big 8 Championships	1974
3.	Dale Pierce	17.74m/58-2.5	Big 8 Championships	1980
4.	Itamar Levi	17.72m/58-1.75	KSU Winter Invitational	2014
5.	Bob Ringwall	17.32m/56-10	Big 8 Championships	1975
6.	Bruce Wilhelm	17.04m/55-11	KU/KSU Triangular	1966
7.	Torrey Hickel	16.47m/54-0.5	Big 12 Championships	2019
8.	Jim Benein	16.36m/53-8	OKC Indoor Jaycee	1970
9.	Milton Hardaway	16.31m/53-6	USTFF Championship	1975
10.	George Stevens	15.77m/51-9	Indoor State Federation	1973

## HEPTATHLON

1.	Mace Metalf	4,999	Big 12 Championships	2019
2.	Cole Verble	4,956	Big 12 Championships	2017
3.	Donovan Nunley	4,897	Big 12 Championships	2017
4.	Harrison Hurley	4,574	Big 12 Championships	2018
5.	Will Edmonds	4,395	Big 12 Championships	2019
6.	Jake Dyer	4,352	Big 12 Championships	2019



# COWGIRL OUTDOOR TRACK & FIELD RECORDS

## 100 METERS

1.	11.34	TracyAnn Baker	Texas Relays	1997
2.	11.50	Leisa Davis-Knowles	Big 8 Championships	1985
3.	11.51	Aaliyah Birmingham	Jim Click Shootout	2019
T4.	11.60	Christy Dye	Don Kirby Invitational	1996
T4.	11.60	Natasha Santee		1999
6.	11.62	Sherita Jackson	Texas Relays	1999
7.	11.71	LaToya Hinds		1998
8.	11.82	Britney Presley	Big 12 Championships	2014
9.	11.83	Megan Harris	Big 12 Championships	2017
10.	11.85	Kira White	Big 12 Championships	2017

## 100 METER HURDLES

1.	13.38	Rosa Baker	NCAA Championships	1989
2.	13.89	Doris Williams	Big 8 Championships	1991
3.	13.94	Tiffany Davis	Big 12 Championships	1999
4.	13.97	Tracie White	Big 8 Championships	1985
5.	14.05	Emily Hart	Arkansas Twilight	2017
6.	14.10	Vicki Cleveland	Ralph Higgins Meet	1981
7.	14.20	Vicki Fretwell	Texas Relays	1982
8.	14.30	Susie Winnigham		1975
9.	14.33	Stephani Duff	Big 12 Championships	1999
10.	14.39	Regina Brown	Big 8 Championships	1990

## 200 METERS

1.	23.19	TracyAnn Baker	Mt SAC Relays	1997
2.	23.25	Stacy Clack	Texas Relays	1990
3.	23.27	Sherita Jackson	Big 12 Championships	1997
4.	23.85	Leisa Davis-Knowles	LSU Invitational	1986
5.	24.03	Megan Harris	Big 12 Championships	2017
6.	24.06	Aaliyah Birmingham	John McDonnell Invitational	2019
7.	24.47	Natasha Santee		1999
8.	24.52	Britney Presley	John McDonnell Invite	2014
9.	24.58	Lauren McKee	Sooner Open	2008
10.	24.73	Stephanie Ferrante	Bobcat Invitational	2015

## 400 METERS

1.	51.51	Aaliyah Birmingham	Big 12 Outdoor Championships	2019
2.	52.26	Leisa Davis-Knowles	Kansas Relays	1986
3.	53.97	Nicki Brackeen	Big 8 Championships	1990
4.	54.31	Nicolette Dixon	National Relay Championships	2018
5.	54.50	Amira Coleman	National Relay Championships	2018
6.	54.66	Savannah Camacho	John McDonnell Invite	2014
7.	55.26	Kaela Edwards	John McDonnell Invitational	2015
8.	55.48	Latriceia Smith	Big 12 Championships	2018
9.	55.49	Alison Erzinger	Big 12 Championships	2003
10.	55.55	Ambra Wesley	Horned Frog Invitational	2017

## 400 METER HURDLES

1.	55.70	Leisa Davis-Knowles	NCAA Championships	1985
2.	58.33	Alison Erzinger	NCAA Championships	2005
3.	58.64	Justine Craig	Texas Relays	1986
4.	1:00.21	Bailey Johnson	Big 12 Championships	2014
5.	1:00.72	Sherita Jackson	Big 8 Championships	1996
6.	1:01.54	Sarah Robinson	Big 12 Championships	2016
7.	1:01.79	Michaela Travers	National Relay Championships	2019
8.	1:01.89	Kendra Woodson	Sooner Twilight Meet	2009
9.	1:01.90	Kennedy Turner	Horned Frog Invitational	2017
10.	1:02.34	Margie Crossno	Ralph Higgins	1982

## 800 METERS

1.	2:00.43	Sinclair Johnson	Sunset Tour	2019
2.	2:01.59	Natalja Piliusina	World University Games	2013
3.	2:01.97	Kaela Edwards	Mt. SAC Relays	2016
4.	2:02.84	Savannah Camacho	Mt. SAC Relays	2014
5.	2:03.38	Kaylee Dodd	NCAA Outdoor Championships	2017
6.	2:04.45	Clara Nichols	Mt. SAC Relays	2016
7.	2:04.61	Justine Craig	NCAA Championships	1987
8.	2:06.26	Abbie Hetherington	Arkansas Twilight	2016
9.	2:06.60	Kaytlyn Larson	Stanford Cardinal Classic	2017
10.	2:06.90	Andrene Thompson	Mt. Sac Relays	1999

## 1,500 METERS

1.	4:03.72	Sinclair Johnson	USATF Outdoor Championships	2019
2.	4:09.51	Natalja Piliusina	Payton Jordan Invite	2012
3.	4:11.71	Kaela Edwards	Portland Track Festival	2017
4.	4:12.25	Jenny Martinez (Celis)	Sunset Tour	2019
5.	4:12.26	Molly Sughroue	NCAA Championships	2018
6.	4:13.08	Mihaela Susa	Mt. SAC Relays	2010
7.	4:14.14	Savannah Camacho	Bryan Clay Invite	2017
8.	4:18.95	Ariane Ballner	NCAA West Preliminary Round	2018
9.	4:19.09	Valentina Medina	NCAA Championships	2004
10.	4:19.22	Aurora Dybedokken	Payton Jordan Invitational	2016

## 3,000 METERS

1.	9:03.32	Christine McMiken	Big 8 Championships	1986
2.	9:11.58	Monika Juodeskaite	Euro. Team Championships	2014
3.	9:16.80	Jenny Framme	NCAA Championships	1997
4.	9:17.50	Heather Garrett	NCAA Championships	1990
5.	9:25.16	Hanna Smedstad	Big 12 Championships	2000
6.	9:32.17	Siri Alfheim	UTA Invitational	2002
7.	9:38.13	Valentina Medina	UTA Invitational	2002
8.	9:40.37	Alexandra Lindquist	Texas Relays	2001
9.	9:47.24	Shelly Moore	Big 8 Championships	1995
10.	9:47.46	Kristine Helle	Arkansas Invite	2014

## 5,000 METERS

1.	15:41.42	Jackie Goodman	NCAA Championships	1989
2.	15:45.70	Christine McMiken	NCAA Championships	1985
3.	16:00.32	Monika Juodeskaite	Mt. SAC Relays	2014
4.	16:00.47	Siri Alfheim	NCAA Championships	2002
5.	16:00.81	Aurora Dybedokken	NCAA Championships	2016
6.	16:09.83	Mihaela Susa	Stanford Invitational	2009
7.	16:14.95	Hanna Smedstad	Big 12 Championships	1999
8.	16:16.54	Mary Davies	Big 12 Championships	2006
9.	16:17.59	Jenny Framme		1997
10.	16:20.99	Michele Prowse	Stanford Invitational	2004

## 10,000 METERS

1.	32:51.00	Christine McMiken	NCAA Championships	1986
2.	33:08.00	Mary Davies	NCAA Championships	2006
3.	33:23.93	Monika Juodeskaite	Payton Jordan Invitational	2016
4.	33:42.35	Jackie Goodman	NCAA Championships	1989
5.	33:46.79	Sara Wells	Stanford Invitational	2001
6.	33:47.70	Barbora Kuncova	Stanford Invitational	2005
7.	33:49.32	Tone Hjalmsen	NCAA Championships	2011
8.	33:51.17	Taylor Somers	Stanford Invitational	2019
9.	33:56.70	Donna Levy	Mt. Sac Relays	1992
10.	33:58.25	Gintare Zenkeviciute	NCAA West Preliminary Round	2018

## 3,000 METER STEEPLECHASE

1.	9:43.97	Ingeborg Loevnes	Paavo Nurmi Games	2016
2.	10:07.31	Barbora Kuncova	NCAA Championships	2005
3.	10:09.42	Mary Davies	Big 12 Championships	2006
4.	10:15.55	Kate Kujawa	Stanford Invitational	2013
5.	10:20.02	Michelle Prowse	Stanford Invitational	2005
6.	10:21.17	Eva Tomankova	Mt. SAC Relays	2008
7.	10:26.82	Molly Sughroue	Stanford Cardinal Classic	2017
8.	10:28.95	Cheyenne Walden	Big 12 Championships	2018
9.	10:33.17	Kendra Woodson	Mt. SAC Relays	2010
10.	10:34.13	Kaytlyn Larson	Stanford Cardinal Classic	2017

## 4X100 METER RELAY

1.	44.73	R. Baker, Brackeen, Clark, Jones	Big 8 Championships	1990
2.	45.03	Vaughn, T. Baker, Midkiff, Jackson	Big 12 Championships	1997
3.	45.63		Big 12 Championships	1999
4.	45.78	Dixon, Birmingham, L. Smith, K. White	Jim Click Shootout	2019
5.	45.83	Beamon, Dye, Vaughn, Jackson	John Jacobs Relays	1996
6.	45.97	S. Jackson, Santee, M. Jackson, Davis	Big 12 Championships	2000
7.	46.11	M. Harris, K. White, S. Fields, L. Lewis	Jim Click Shootout	2017
8.	46.16	M. Harris, K. White, L. Lewis, E. Hart	Big 12 Championships	2018
9.	46.19			1998
10.	46.63	Hinds, T. Baker Vaughn, S. Jackson	Penn Relays	1997



# COWGIRL OUTDOOR TRACK & FIELD RECORDS

## 4X200 METER RELAY

1.	1:35.88	T.Baker, Midkiff, Dozovado, Jackson	Texas Relays	1997
2.	1:36.25	Jones, R.Baker, Clack, Brackeen	Drake Relays	1989
3.	1:36.46	T.Baker, Jackson, Vaughn, Dozovado	Penn Relays	1997
4.	1:38.67		Penn Relays	1996
5.	1:42.71	Dye, Glidewell, Unruh, Bucknell	Drake Relays	1995

## 4X400 METER RELAY

1.	3:35.85	Birmingham, Dixon, L. Smith, A. Coleman	Big 12 Outdoor Championships	2019
2.	3:37.02	A. Coleman, N. Dixon, A. Wesley, S. Ferrante	Big 12 Championships	2018
3.	3:37.44	Dozovado, Thompson, Baker, Jackson	Mt. Sac Relays	1997
4.	3:39.00	A. Coleman, D. Coleman, S. Ferrante, A. Wesley	Michael Johnson Invitational	2018
5.	3:39.06	Birmingham, Dixon, L. Smith, Coleman	Jim Click Shootout	2019
6.	3:39.51	Dixon, A. Coleman, D. Coleman, Ferrante	National Relay Championships	2018
7.	3:39.59	N. Dixon, A. Coleman, A. Wesley, S. Ferrante	NCAA West Preliminary Round	2018
8.	3:40.59	S. Camacho, K. Edwards, A. Coleman, A. Wesley	Big 12 Outdoor Championships	2017
9.	3:41.78	Craig, Ford, Martin, Knowles	Kansas Relays	1986
10.	3:42.08	Dixon, D. Coleman, Ferrante, A. Coleman	Arkansas Spring Invitational	2018

## 4X1500M RELAY

1.	17:45.75	Ballner, Johnson, Dodd, Sughroue	National Relay Championships	2018
2.	18:39.28	Framme, Thompson, De La Cerda, Smedstad	Penn Relays	1997

## 1600M SPRINT MEDLEY RELAY

1.	4:03.48	Ferrante, Presley, Wesley, Dodd	Texas Relays	2015
2.	4:06.07	Erzinger, Medina, Ndubilo, Ogunbanjo	Texas Relays	2002

## HIGH JUMP

1.	1.87m/6-01.50	Toni Young	NCAA Championships	2012
2.	1.81m/5-11.25	Michelle Crowson	Ralph Higgins Meet	1987
3.	1.76m/5-9.25	Tammy Lienhard	Big 8 Championships	1979
T4.	1.72m/5-7.75	Emily Rogers	Big 12 Championships	2018
T4.	1.72m/5-7.75	Misty McMillian	Don Kirby Invitational	1996
6.	1.69m/5-6.5	Megan Toole	Big 12 Outdoor	1998
7.	1.68m/5-6	Janet Harris	Texas Relays	1986
T8.	1.65m/5-5	Destyn Stallings	Tulsa Invitational	2009
T8.	1.65m/5-5	Fenja Krohn	Jim Click Shootout	2017
T10.	1.63m/5-4.25	Marilyn Linsenmeyer	Big 8 Championships	1974
T10.	1.63m/5-4.25	Julia Schmalz	John Jacobs Invite	2014

## LONG JUMP

1.**	6.21m/20-4.5**	Clarissa Andrews	Big 12 Championships	2009
1.	6.13m/20-1.25	Melinda Jackson	UTA Invitational	2000
T2.	6.08m/19-11.25	Cody Birk	NCAA Midwest Regional	2006
T2.	6.08m/19-11.25	Schuyler Wood-Hilderbrandt	John Jacobs Invitational	2019
4.	6.07m/19-11	Melissa N'dibilo	UTA Invitational	2003
5.	6.02m/19-9	Moira Steyn	TCU Invitational	2007
T6.	6.01m/19-8.75	Stephanie Duff	UTA Invitational	2002
T6.	6.01m/19-8.75	Taylor Stolt	Tulsa Duels	2013
8.	5.98m/19-7.5	Živilė Šikšnelyte	TCU Invitational	2007
9.	5.94m/19-5.75	Baiba Blumbaha	Big 12 Championships	2009

\*\* Wind-aided mark. All-conditions school record.

## TRIPLE JUMP

1.**	13.35m/43-9.75**	Viktorii Sadokhina	Big 12 Championships	2014
1.	13.06m/42-10.25	Clarissa Andrews	NCAA West Regional	2010
2.	12.97m/42-6.75	Viktorii Sadokhina	Big 12 Championships	2014
3.	12.95m/42-6	Baiba Blumbaha	NCAA Midwest Regionals	2009
4.	12.89m/42-3.5	Paula Ogunbanjo	Big 12 Championships	2005
5.	12.71m/41-8.5	Adrienne Crenshaw	John McDonnell Invite	2003
6.	12.70m/41-8	Živilė Šikšnelyte	TCU Invitational	2007
7.	12.66m/41-6.5	Ryan Roane	National Relay Championships	2019
8.	12.65m/41-6	Melinda Jackson		1999
9.	12.59m/41-3.75	Mateja Posavec	Zagreb	2007
10.	12.49m/40-11.75	Cecily Carrier	Big 12 Championships	1997

## SHOT PUT

1.	18.46m/60-6.75	Chase Ealey	U.S.A. Olympic Trials	2016
2.	16.21m/53-2.25	Halee Prickett	Big 12 Championships	2005
3.	15.74m/51-7.75	Merritt Dietz	Big 12 Championships	2008
4.	15.56m/51-0.75	Ieva Zarankaite	NCAA West Regional	2017
5.	15.21m/49-10.75	Lakendra Greathouse	Sooner Invitational	2007
5.	14.55m/47-09.00	Brooke Gritters	Big 12 Championships	2012
7.	14.44m/47-4.5	Katie Kehl	Big 12 Outdoor Championships	2017
6.	14.42m/47-3.75	Joanne Rothery	OU Invitational	1985
8.	14.23m/46-8.25	Katie Hamilton	John Jacobs Invitational	2009
9.	13.61m/44-7.75	Alina Roman	Tulsa Duels	2007

## DISCUS THROW

1.	56.18m/184-4	Merritt Dietz	Kansas Relays	2008
2.	54.62m/179-2.5	Ieva Zarankaite	Big 12 Outdoor Championships	2017
3.	51.99m/170-7	Alina Roman	Big 12 Championships	2007
4.	48.91m/160-6	Brooke Gritters	Ward Haylett Invite	2011
5.	48.88m/160-4	Natalie Manders	Arkansas Twilight	2019
6.	47.90m/157-2	Courtney Gougler	Sooner Invitational	2009
7.	47.53m/155-11	Katie Kehl	Arkansas Spring Invitational	2016
8.	47.02m/154-3	Halee Prickett	Arkansas Invitational	2004
9.	46.87m/153-9	Baylor Nelson	Jim Click Shootout	2019
10.	45.96m/150-9	Lakendra Greathouse	Mean Green Twilight	2006

## HAMMER THROW

1.	64.69m/212-3	Delissa McClain	NCAA West Preliminaries	2005
2.	61.35m/201-3	Nancy Guillen		1999
3.	60.02m/196-11	Caitlin Way	Big 12 Championships	2013
4.	57.11m/187-4	Deleanor Kirkpatrick	Nebraska Invitational	2008
5.	55.13m/180-10	Chase Ealey	Big 12 Championships	2016
6.	53.60m/175-10	Aina Maartensson	Big 12 Championships	2016
7.	50.61m/166-0	Jocelen Ruth	John Jacobs Invitational	2019
8.	50.18m/164-7	Baylor Nelson	Jim Click Shootout	2019
9.	48.32m/158-6	Courtney Gougler	John Jacobs Invitational	2009
10.	47.47m/155-9	Ieva Zarankaite	Big 12 Championships	2017

## JAVELIN THROW

1.	47.43m/155-7.0	Megan Honas	Tulsa Duels	2016
2.	46.80m/153-6	Chase Ealey	Big 12 Championships	2014
3.	44.76m/176-10	Ieva Zarankaite	Big 12 Championships	2014
4.	43.72m/143-5	Vanessa Wilhelm		1999
5.	42.42m/139-2	Michaela Vasey	Big 12 Championships	2018
6.	41.72m/136-11	Brandi Broaddus	KT Woodman	2005
7.	38.29m/125-7	Jocelen Ruth	Arkansas Twilight	2017
8.	37.22m/122-1	April Hart	Tulsa Duels	2005
9.	37.12m/121-9	Karen Rademeyer	Big 12 Championships	1999
10.	36.30m/119-1	Laura Schmidt	Tulsa Duels	2006

## POLE VAULT

1.	3.92m/12-10.25	Allie Stern	Big 12 Outdoor Championships	2019
2.	3.85m/12-7.5	Elissa White	John Jacobs Invitational	2019
T3.	3.75m/12-3.5	Elliott Kulkin	Tulsa Duels	2018
T3.	3.75m/12-3.5	Megan Robbins	Texas Relays	1999
5.	3.35m/10-11.75	Meghan McGrath	ORU Invitational	2018
6.	2.95m/9-8.25	Kelly Miller	Big 12 Championships	1998
7.	2.50m/8-2.5	Rebecca Hladik	Big 12 Championships	1998

## HEPTATHLON

1.	5,057 pts	Tihana Sarac	Mt. SAC Relays	2008
2.	4,639 pts	Megan Mann	Big 12 Outdoor Championships	2019
3.	4,538 pts	Triana Browne-Hearrell	Big 12 Championships	2016
4.	4,365 pts	Baiba Blumbaha	California Invitational	2006
5.	4,234 pts	Taylor Cates	Big 12 Championships	2000



# COWBOY OUTDOOR TRACK & FIELD RECORDS

## 100 METERS

1.**	John Teeters	9.91**	Big 12 Championships	2014
1.	John Teeters	10.00	U.S.A. Olympic Trials	2016
2.	James Butler	10.14	NCAA Championships	1982
3.	Desmond Ross	10.27	Manhattan, Kansas	1985
4.	Ron Ingram	10.31	Kansas Relays	1981
5.	Daniel Osafo	10.35	Dallas Invitational	1978
6.	Paul Jackson	10.36	Dallas Invitational	1978
7.	Ken Zachary	10.37	Drake Relays	1984
T8.	Greg Harjo	10.40	Arlington Open	1995
T8.	Joe King	10.40	Ralph Higgins Invitational	1991
T8.	Peyton Glass Jr.	10.40	District Trials	1932

## 200 METERS

1.**	James Butler	19.86**	Texas Relays	1979
1.	James Butler	20.23	NCAA Championships	1982
2.	Curtis Thomas	20.65	Arlington, Texas	1984
3.	Sterling Starks	20.75	OSU Invitational	1981
4.	Ira Littlejohn	20.90	District Trials	1932
T5.	John Teeters	20.98	Arkansas Twilight	2014
T5.	Timmy Thomas	20.98	Big 8 Outdoor Championships	1990
7.	David Rhodes	21.03	Big 8 Outdoor Championships	1986
8.	Greg Harjo	21.07	Big 8 Outdoor Championships	1995
T9.	James Cole	21.30	Big 8 Outdoor Championships	1993
T9.	Pat Johnson	21.30	Ralph Higgins Invitational	1993

## 400 METERS

1.	Dennis Schultz	45.60	LSU Relays	1972
2.	Ashton Hicks	45.68	National Relay Championships	2019
3.	Guy McGraw	46.00	Big 8 Championships	1978
4.	Sterling Starks	46.29	Big 8 Championships	1982
5.	Charles Strong	46.30	Big 8 Championships	1962
6.	Desmond Ross	46.36	Norman, Oklahoma	1985
7.	Curtis Thomas	46.39	Arlington, Texas	1984
T8.	Jim Bolding	46.40	LSU Relays	1971
T8.	J.W. Mashburn	46.40	NCAA Championships	1956
10.	LaKyrone Mays	46.56	National Relay Championships	2019

## 100M HURDLES

1.	Jim Kelly	13.46	Big 8 Championships	1979
2.	Albert Jones	13.60	NCAA Championships	1980
3.	Damon Polk	13.82	Ralph Higgins Invitational	1986
4.	Kelly Brooks	14.23	Wichita State Duel	1981
5.	Bruce Kahoe	14.31	Texas Relays	1980
6.	Donald Gordon	14.43	Ralph Higgins Invitational	1990
7.	Jeremy Kendal	14.52	Big 8 Championships	1995
8.	Steve Graham	14.60	Ralph Higgins Invitational	1991
9.	Aaron Lacy	14.82	Ralph Higgins Invitational	1994
10.	Donovan Nunley	14.84	John McDonnell Invitational	2016

## 400 METER HURDLES

1.	Jim Bolding	49.50	Olympic Trials	1972
2.	Chris McGowan	49.90	Big 8 Outdoor Championships	1989
3.	Chuck Roberts	50.15	Big 8 Outdoor Championships	1977
4.	Steve Patterson	50.37	Big 8 Outdoor Championships	1986
5.	Greg Patton	51.00	Big 8 Outdoor Championships	1979
6.	Terry Josseland	51.33	Arkansas Twilight	2007
7.	Steve Graham	51.83	Big 8 Outdoor Championships	1991
8.	Calahan Newsome	51.75	Big 12 Outdoor Championships	2019
9.	Aaron Lacy	53.92	Ralph Higgins Invitational	1993
10.	James Cole	54.05	Arlington Invitational	1992

## 800 METERS

1.	Paul Larkins	1:47.13	Texas Relays	1986
2.	Matthew Fayers	1:48.12	BMC Stretford	2014
3.	Tre Tez Kinnaird	1:48.43	Mt. SAC Relays	2016
4.	Chad Noelle	1:48.62	Arkansas Invite	2014
5.	Kendall Staggs	1:48.7	Big 8 Championships	1978
6.	Tyler Payton	1:49.17	Arkansas Invite	2014
7.	Chris Stoves	1:49.35	Len Paddock	2004
8.	John Wild	1:49.39	UT-Arlington	1995
9.	Raul Botezan	1:49.54	Bucharest	2012
10.	Juan Diego Castro	1:49.58	John McDonnell Invitational	2019

## 1,500 METERS

1.	German Fernandez	3:37.76	Team Indiana Invitational	2012
2.	Paul Larkins	3:38.02	England vs. Belgium	1986
3.	Joshua Thompson	3:38.21	Bryan Clay Invite	2017
4.	Chad Noelle	3:38.35	Payton Jordan Invitational	2015
5.	Kirubel Erassa	3:39.05	Payton Jordan Invitational	2015
6.	Craig Nowak	3:39.64	Portland Track Festival	2017

7.	Jon Wild	3:40.02	Arkansas Invite	1997
8.	Tom Farrell	3:41.07	Stanford Invitational	2012
9.	Raul Botezan	3:41.14	USATF High Performance	2012
10.	Chuck Sloan	3:42.00	Cardinal Invitational	2000

\*\* Wind-aided mark. All-conditions school record

## 3,000 METERS

1.	Jon Wild	7:55.15	Dublin, Ireland	1995
2.	Paul Larkins	7:58.61	Gateshead, England	1984
3.	Greg Rouault	8:13.74	McDonnell Invitational	2003
4.	Habel Gitogo Churu	8:13.83	Tyson Invite	1999
5.	Solomon Kariuki	8:16.38	Arkansas	1993
6.	Rene Carlson	8:17.72	U.S. Collegiate T&F	1999
7.	Nathaniel Lane	8:19.22	Tyson Invitational	1999
8.	Patrick Kiptum	8:19.32	R. Higgins Invite	1994
9.	Charles Mathenge	8:20.34	Arkansas Invite	2014
10.	James Morrissey	8:22.00	Arkansas Invite	1993

## 5,000 METERS

1.	Tom Farrell	13:15.31	Payton Jordan Invite	2012
2.	German Fernandez	13:25.46	USATF, Eugene	2009
3.	Kirubel Erassa	13:27.55	Payton Jordan Invite	2014
4.	Girma Mecheso	13:34.83	Stanford Invitational	2012
5.	Ryan Vail	13:37.02	Cardinal Invite	2009
6.	Jason Woolhouse	13:37.36	Stanford Invite	2004
7.	Shadrack Kipchirchir	13:37.68	Mt. SAC Relays	2014
8.	Hassan Abdi	13:40.81	Sunset Tour	2019
9.	John Kosgei	13:42.17	Mt. SAC Relays	2010
10.	Colby Lowe	13:42.60	Mt. SAC Relays	2010

## 10,000 METERS

1.	Shadrack Kipchirchir	27:36.79	Payton Jordan Invite	2014
2.	Girma Mecheso	27:52.38	Payton Jordan Invite	2013
3.	Colby Lowe	28:45.91	Stanford Invite	2011
4.	John Halberstadt	28:50.4 ht	NCAA Championships	1972
5.	Kirubel Erassa	28:50.41	Big 12 Championships	2015
6.	David Jankowski	28:51.81	Stanford Invite	2006
7.	Hassan Abdi	28:54.86	Stanford Invitational	2017
8.	John Kosgei	28:55.93	NCAA Championships	2010
9.	Nathaniel Lane	29:01.17	Cardinal Invite	1999
10.	Greg Rouault	29:04.02	Cardinal Invite	2003

## 3,000 METER STEEPLECHASE

1.	Chuck Sloan	8:26.66	U.S.A Olympic Trials	2000
2.	Ryan Smeeton	8:27.90	Payton Jordan Invitational	2019
3.	Josh Thompson	8:32.64	Portland Track Festival	2017
4.	Chris McCubbins	8:38.2 ht	PanAm Games	1967
5.	Andrew Hennessey	8:39.71	Cardinal Invite	1999
6.	Fabian Clarkson	8:43.73	NCAA West Regional	2013
7.	Joe Gray	8:44.73	Stanford Invite	2007
8.	Trevor Fieldsend	8:46.49	R. Higgins Invite	1985
9.	Charles Boatright	8:51.2 ht	Drake Relays	1972
10.	Christian Liddell	8:54.27	Cardinal Classic	2018

## 4 X 100 METER RELAY

1.	39.04	J. Butler, J. Evans, R. Ingram, S. Starks	NCAA Championships	1982
2.	39.40	C. Thomas, S. Starks, R. Ingram, J. Butler	Texas Relays	1982
3.	39.51	J. Butler, S. Starks, D. Briggs, R. Ingram	NCAA Championships	1980
4.	39.64	S. Selph, T. Jackson, A. Brewer-Johnson, J. Teeters	NCAA West Prelims	2015
5.	39.80	V. Bugg, C. Thomas, S. Starks, R. Ingram	Ralph Higgins Invitational	1981
6.	39.85	K. Zachary, C. Thomas, S. Starks, R. Ingram	John Jacobs Invitational	1984
7.	39.96	L. Daily, A. Grogan Jr., T. Jackson, J. Fincham-Dukes	NCAA West Prelims	2017
8.	39.98	S. Selph, J. Teeters, A. Brewer-Johnson, A. Grogan Jr.	Jim Click Invitational	2016
9.	40.00	S. Starks, D. Briggs, C. Thomas, R. Ingram	John Jacobs Invitational	1981
10.	40.08	M. Givens, A. Grogan Jr., A. Brewer-Johnson, J. Teeters	Big 12 Championships	2016

## 4 X 200 METER RELAY

1.	1:21.58	Butler, Thomas, Ingram, Starks	Drake Relays	1982
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# COWBOY OUTDOOR TRACK & FIELD RECORDS

## 4 X 400 METER RELAY

1.	3:05.64	K. Hohmann, S. Patterson, C. Thomas, P. Williams	NCAA Championships	1983
2.	3:06.80	J. Kurasch, G. Pell, D. Schultz, J. Bolding	Kansas Relays	1972
3.	3:06.82	S. Starks, C. Thomas, S. Patterson, D. Ross	NCAA Championships	1984
4.	3:07.13	L. Hunt, G. Patton, J. Butler, S. Starks	Big 8 Championships	1982
5.	3:07.80	S. Stolpe, J. Kurasch, J. Kurasch, D. Schultz	Texas Relays	1972
6.	3:07.97	K. Donyinah, B. Singleton, T. Jackson, T. Green	Big 12 Championships	2018
7.	3:08.30	A. Droke, T. Von Ruden, J. Perry, J. Metcalf	National Federation Meet	1966
8.	3:08.60	S. Patterson, L. Hunt, S. Starks, J. Butler	Ralph Higgins Invitational	1982
T9.	3:08.90	A. Droke, T. Von Ruden, M. Miller, J. Metcalf	Oklahoma Dual	1966
T9.	3:08.90	S. Starks, S. Jones, G. Patton, J. Butler	Texas Relays	1980

## HIGH JUMP

1.	Greg Brewer	2.21m/7-3.25	Drake Relays	1983
2.	Rich Geske	2.16m/7-1	Big 8 Championships	1975
3.	Taylor Buck	2.14m/7-0.25	Arkansas Twilight	2011
4.	Jeff Brown	2.13m/7-0	John Jacobs Relays	1981
5.	Paul Martell	2.11m/6-11	Big 8 Championships	1979
T6.	Oliver McDade	2.08m/6-10	Ralph Higgins Invitational	1989
T6.	George Holland	2.08m/6-10	UTEP Invitational	1970
T6.	Russell Laverty	2.08m/6-10	T&FF Meet	1964
9.	Don Boydston	2.04m/6-8.25	Fort Worth Carnival	1940
T10.	Lance Davis	2.03m/6-8	OBU Bison Relays	1989
T10.	David Taylor	2.03m/6-8	Sooner Invitational	1984
T10.	Rick Tate	2.03m/6-8	Wichita Dual	1976
T10.	Steve Herndon	2.03m/6-8	Arkansas Relays	1966

## LONG JUMP

1.**	Jacob Fincham-Dukes	8.03m/26-3.75	Horned Frogs Invitational	2017
1.	Jacob Fincham-Dukes	8.00m/26-3	NCAA Outdoor Championships	2019
2.	Hal Oswalt	7.72m/25-4	Houston Meet of Champs	1969
3.	W.L. Clapham	7.61m/24-11.75	San Antonio Invite	1941
4.	Ralph Tate	7.60m/24-11	Oklahoma Dual	1943
5.	John Voight	7.58m/24-10.25	Texas Relays	1950
6.	E.B. Schaeffer	7.57m/24-10	Big 8 Championships	1978
7.	Kim Ellis	7.56m/24-9.75	Texas Relays	1955
8.	Jack Wright	7.48m/24-6.50	Big 8 Championships	1972
9.	Charles Strong	7.44m/24-4.75	Arkansas Relays	1963
10.	Jeff Glasgow	7.43m/24-4.50	Dallas Invitational	1968

## TRIPLE JUMP

1.	E.B. Schaeffer	15.55m/51-0	Drake Relays	1978
2.	Mark Hanna	15.34m/50-4	Kansas Relays	1987
3.	Bart Breithaupt	15.05m/49-4.5	North Texas Dual	1991
4.	Larry Gunther	15.01m/49-3	Big 8 Championships	1971
5.	Floyd Beanblossom	14.83m/48-8	AAU Championships	1921
6.	Richard Smith	14.75m/48-4.75	Big 12 Championships	2015
7.	Ralph Tate	14.62m/47-11.5	Oklahoma AAU	1946
8.	Ryan Finnie	14.46m/47-5.25	Big 12 Championships	2014
9.	Butch Boggs	14.38m/47-5.25	Kansas Relays	1974
10.	Hal Oswalt	14.24m/46-8.5	John Jacobs Invite	1968

## POLE VAULT

1.	Joe Dial	5.86m/19-2.5	John Jacobs Invitational	1985
2.	Terry Womack	5.45m/17-10.5	Austin Texas Open	1985
3.	Eric Forney	5.40m/17-8.75	Texas Relays	1984
4.	David Swezey	5.36m/17-7	Big 8 Championships	1982
5.	Blake Scott	5.30m/17-4.5	NCAA Championships	2018
6.	Greg Pickett	5.07m/16-7.50	Dallas Invitational	1978
7.	Larry Curts	5.03m/16-6	Oklahoma Invite	1968
8.	George Davies	4.83m/15-10.25	Big 8 Championships	1961
9.	Preston Holsinger	4.79m/15-8.75	Oklahoma Federation	1964
10.	Cole Verble	4.71m/15-5.5	Jim Click Shootout	2019

## SHOT PUT

1.	Randy Naas	19.90m/65-3.75	Big 8 Championships	1983
2.	Mike Marks	18.77m/61-7	State Federation Meet	1974
3.	Itamar Levi	18.21m/59-9	John McDonnell Invite	2014
4.	Dale Pierce	17.74m/58-2.25	Big 8 Championships	1980
5.	Bruce Wilhelm	17.52m/57-5.75	AAU State	1967
6.	Bob Ringwell	17.44m/57-2.5		1974
7.	Torrey Hickel	17.43m/57-2.25	Big 12 Outdoor Championships	2019
8.	Jim Benien	17.07m/56-0		1971
9.	Milton Hardaway	16.64m/54-7	Southern Illinois Dual	1975
10.	Michael Releford	16.49m/54-1.25	John McDonnell Invitational	2019

## DISCUS THROW

1.	Jim Benien	56.19m/184-4	Federation Nationals	1971
2.	Randy Naas	56.05m/183-10.5	Oklahoma	1983
3.	John Anderson	55.35m/181-7	Arkansas Relays	1963
4.	Dale Pierce	54.69m/179-5.25	OSU	1983
5.	Kirk Hardin	54.59m/179-1	Wichita State Dual	1976
6.	Clyde Northrup	54.32m/178-2.5	Arkansas Relays	1960
7.	Miles Lister	53.95m/177-0	Oklahoma	1965
8.	Andrew Hudson	53.52m/175-7	John Jacobs Invitational	2012
9.	Clyde Northrup	52.44m/172-0.5	Nebraska Dual	1959
10.	Richard Shade	52.43m/172-0	Oklahoma Dual	1970

## HAMMER THROW

1.	Nick Miller	77.55m/254-5	Commonwealth Games	2015
2.	Zach Andrew	54.45m/178-7	John Jacobs Invitational	2018
3.	Torrey Hickel	47.94m/157-3	ORU Invitational	2018
4.	Ralph Havenstrite	47.52m/155-11	Interclass Track Meet	1915
5.	Lee Minton	37.06m/121-7	Field Day Track & Field	1913
6.	J.K. Ross	34.87m/114-5	Field Day Track & Field	1909
7.	Francis	30.94m/101-6	Field Day Track & Field	1908
8.	Wallace Thornberry	19.20m/63-01	Field Day Track & Field	1900

## OLD RULE JAVELIN

1.	George Stevens	78.00m/255-11	Kansas Relays	1973
2.	David Ratliff	69.49m/228-0	Texas Relays	1972
3.	Henry Bell	68.16m/223-7.5	Federation State	1964
4.	John Elmore	67.95m/222-11	Wichita State Dual	1968
5.	Jim Groesbeck	67.04m/219-11.50	Wichita Dual	1969
6.	Mike Platt	64.54m/211-9	Oklahoma	1984
7.	Delane Woolfolk	62.66m/205-7		
8.	Garth Brooks	61.19m/200-9	Big 8 Championships	1982
9.	Carl Rigney	60.95m/199-11.5		1935
10.	Dave Field	60.43m/198-3		1965

## NEW RULE JAVELIN

1.	Wesley Hallof	53.94m/177-0	Arkansas Spring Invitational	2018
2.	Jason Isaacson	53.90m/176-10	SMU	1991
3.	Sean Casey	52.88m/173-6	Jim Click Invitational	2016
4.	Cole Verble	46.70m/153-2	Big 12 Outdoor Championships	2019
5.	Mace Metcalf	45.36m/148-10	ORU Invitational	2018
6.	Donovan Nunley	44.74m/146-9	Arkansas Spring Invitational	2016
7.	Jake Dyer	39.75m/130-5	Big 12 Outdoor Championships	2019
8.	William Edmonds	33.04m/108-5	Big 12 Outdoor Championships	2019

## DECATHLON

1.	Cole Verble	6,221 pts.	John McDonnell Invitational	2019
2.	Mace Metcalf	6,192 pts.	Big 12 Championships	2018
3.	Jake Dyer	6,163 pts.	Big 12 Outdoor Championships	2019
4.	William Edmonds	5,886 pts.	John McDonnell Invitational	2019
5.	Hootie Hurley	5,377 pts.	John McDonnell Invitational	2019
6.	Donovan Nunley	5,237 pts.	Arkansas Spring Invitational	2018

\*\* Wind-aided mark. All-conditions school record